

Dear Parent/Guardian,

This year we have a student(s) to our classroom(s) with food allergies to peanuts, seafood and soy. We invite your help and cooperation to help them stay safe.

The reactions that the student may have if exposed to the allergens can range from mild to life threatening. Due to the fact that we share space, supplies and eating areas in the class room, and the fact that food residue is transferred so easily from one student to another, our classroom will be designated a **Peanut FREE Zone**. There are several practices that will be in place to help prevent allergic reactions:

1. Students will wash their hands upon arrival to the classroom and again before and after lunch.
2. We will still have snack days as usual, but we will provide a list of 10 snacks that parents can choose from to bring in to share with the class. We ask that you please stick to that list of snacks so that we can all assure a healthy and fun day in class for all classmates.
3. On special occasions like birthdays or holidays we ask that if any food is brought in to class, it be from the "Safe and Yummy 10 list".
 - Another fun suggestion to consider would be sending non-food items like pencils, coloring books, a game or a storybook to share with the class in your child's name.

Our goal is to make this a safe learning environment for all of our students. We look forward to working together with you to have a wonderful year. If you have any questions please call and speak to the school nurse.

Sincerely,

Erica - School Nurse